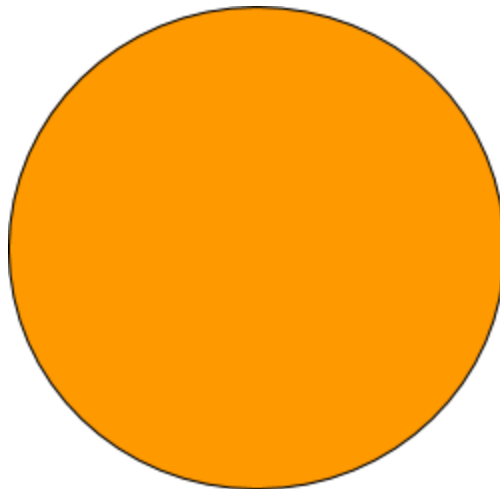


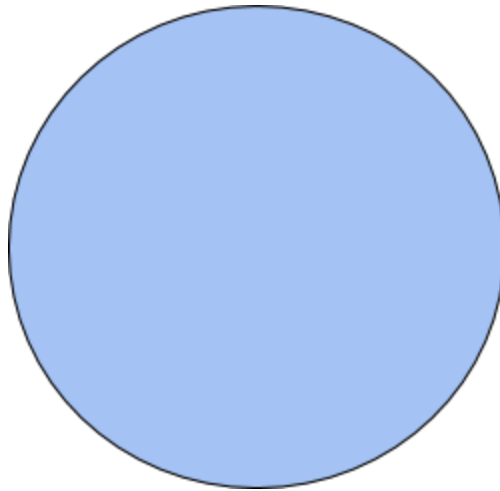
Air: Thank you for the clean air and cleansing breath.  
Grant your fresh air to create a clean and healthy atmosphere in my home.

Suggested Actions:: Run that vacuum. Dust that shelf.  
Make some air move around and honor the element of air.



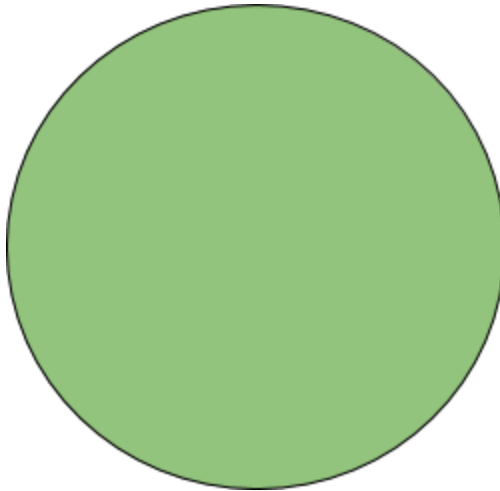
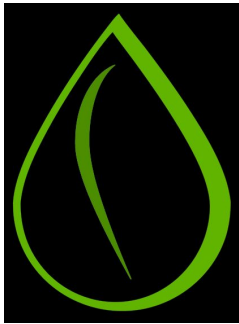
Fire: Thank you for the fire that consumes and renews.  
Grant a measure of consuming fire to thoughtfully allow me to remove and clear away.  
Help release myself of the things I no longer need that clutter my life.

Suggested Actions: Toss out some junk. Throw away trash.  
Fire is renewal so do likewise and clear some space.



Water: Thank you for the cleansing water that cleans and restores.  
Thanks for the renewal and shine of that which is useful.

Suggested Actions: Clean those dishes. Wash that table top or counter.  
Water cleans and so can you.



Earth: Thank you for the gifts of that which is new. Allow that I trust in your bounty and allow you to  
bring your gifts to me and share them with others.

Suggested Actions: Donate an item you no longer use. Clean that fridge.  
Respect the bounty buy allowing a bit of space for Earth to bring you something new.