

A Spell for a Orderly Home.

Goal: A Ritual that allows the blessings of an orderly and tidy home.

Guiding Principle: A repeated process becomes a habit. Repeating a small process can remind us to engage in a larger goal.

What is required.

Five small containers of which one is larger than the rest. In my case I choose to use four small jars and one large one. A label or tag for the four smaller containers (I describe this below.)

An equal quantity of small objects that can represent each of the four Elements of Air, Fire, Water, and Earth. It can be done by color or by choosing an item that represents the element to you. You could even draw or print something on paper. The point is to have a even count and a decent quantity of little objects that are easy to distinguish from each other. I suggest approx a month's worth of items to pull so 30 each is fine. (That's why paper is actually a good choice.)

The point of this ritual is not to do the process all at once.

This is something to be left on a bookshelf or unused section of counter or table.

This is a little ritual to be observed every day for several weeks.

The point is to begin to establish a habit. With the blessings of the Lord and Lady and asking the elements to aid us we can begin to allow ourselves to sort and order our living space.

In brief this spell is so simple it may seem silly.

We are going to sort mixed items from a large container into separate small containers one at a time over the course of weeks.

What's the magic in that?

The magic is in the attitude and atmosphere you create to do it and the little actions that are done because we engage in the spell. In short the magic is YOU.

This spell is simple to do in theory. It's a little trickier than that because you have to do this in real life. The test is can you remember to do it every day, to do so cheerfully, and to learn the lesson from the exercise.

You can choose to do this in different ways. You can pull an item randomly or choose an item willingly. You can draw out one of each or only one. Whatever method appeals to you is fine. I think the spell works better if it has pattern and consistency. Whatever method you choose do so consistently. Also, and importantly, do so willingly, and take the time to follow up with some other actions every day.

This spell is designed to create a reinforcing behaviour we can use to make a change for the good in our life. Don't overdo the housework. Just work the spell every day and take it one day at a time.

Here's a guide to making it work.

As you pull the items from the common bin it will go into a separate container. When you pull the item take a moment to thank the Lord and Lady for your home. Remember what the object represents and we are going to act upon it.

Here are some suggested tags you can place with the sorted/sorting containers and little actions you will do after the ritual. You don't need to do hours of cleaning. Just do a few minutes to show honor to the element and respect the gifts it brings.

Air: Thank you for the clean air and cleansing breath. Grant your fresh air to create a clean and healthy atmosphere in my home.

Action: Run that vacuum. Dust that shelf. Make some air move around and honor the element of air.

Fire: Thank you for the fire that consumes and renews. Grant a measure of consuming fire to thoughtfully allow me to remove and clear away. Grant that I can release myself of the things I no longer need that clutter my life.

Action: Toss out some junk. Throw away trash. Fire is renewal so make a bit of space and do likewise.

Water: Thank you for the cleansing water that cleans and restores. Thanks for the renewal and shine of that which is useful.

Action: Clean those dishes. Wash that table top or counter. Water cleans and so can you.

Earth: Thank you for the gifts of that which is new. Allow that I trust in your bounty and can allow you to bring your gifts to me. It is a measure of my respect to allow space for that to happen and make clear the excess I have no use for.

Action: Donate an item you no longer use. Clean that fridge. Respect the bounty but allowing a bit of space for Earth to bring you something new.

You don't have to use this exact language. In fact it is better to make words and phrases that speak to your situation more specifically. Do make the attempt to actually write something out. Make a point to actually read or speak the sentences as you pull an item from the larger container and sort it each day.

Try to do this every day. Try to make time to actually read and meditate for a moment on what you wrote. Also do the actions even if just for a few minutes. It does no good to honor the Gods and Elements with words alone. They already know who they are and what they have done. We do them honor by what we do and not just sounds we make. Words are not enough. Take it upon yourself to do them honor by a few minutes of activity to thank them for your home.

Act upon the messages you wrote. Even if you can only spare a few minutes DO IT. Five minutes everyday is something good. Build the ritual into a habit you internalize. That is magic. :)

You don't have to clean the room or house all at once. All you have to do is take a little time to do a bit of it every day. The ritual is a miniature of the goal we are trying to achieve in life.

This spell is one that is easy to evaluate. If it works, stuff gets sorted out and things become more orderly.